

Coordinator Resources

Infection Control: Laundry

This pack contains resources for the Altura Learning Coordinator to utilise in order to further embed the learning of the participants completing the course.

Contained in this pack are the following:

- A **learning game** – this game will be an opportunity to have a bit of fun to have with the participants! It can be used as an ice breaker or to continue to engage participants after having watched the video.
- A **case scenario** is a fictional story of a person that allows learners to extrapolate and apply what they have learned to a practical scenario. You can present the case scenario to a group of staff for discussion or use it as a self-directed exercise. You could ask staff to relate the case scenario to the related policy and procedures at your organisation.
- **Essential Assessment Answers** are contained in this pack to allow you to mark the Essential Assessment with ease.

Other Learning Resources:

Altura Learning has three assessments available to test learner's knowledge or to apply what they have learned to the workplace. You will be able to download these assessments in a PDF version or they may be assessed online depending on how you access Altura Learning.

- **Essential Assessment** – this assessment demonstrates that the learner has understood the information contained in the video.
- **Extension Assessment** – this assessment asks the learner to reflect on the subject discussed in the video. This requires short answers which are marked by the Coordinator.
- **Evidence Assessment** – overall there may be a variety of these assessments offered depending on the subject matter of the course, but they are all designed for the learner to demonstrate that they have the skills to implement the care or service in the workplace.

In addition to these assessments, Altura Learning supports each course with the following resources:

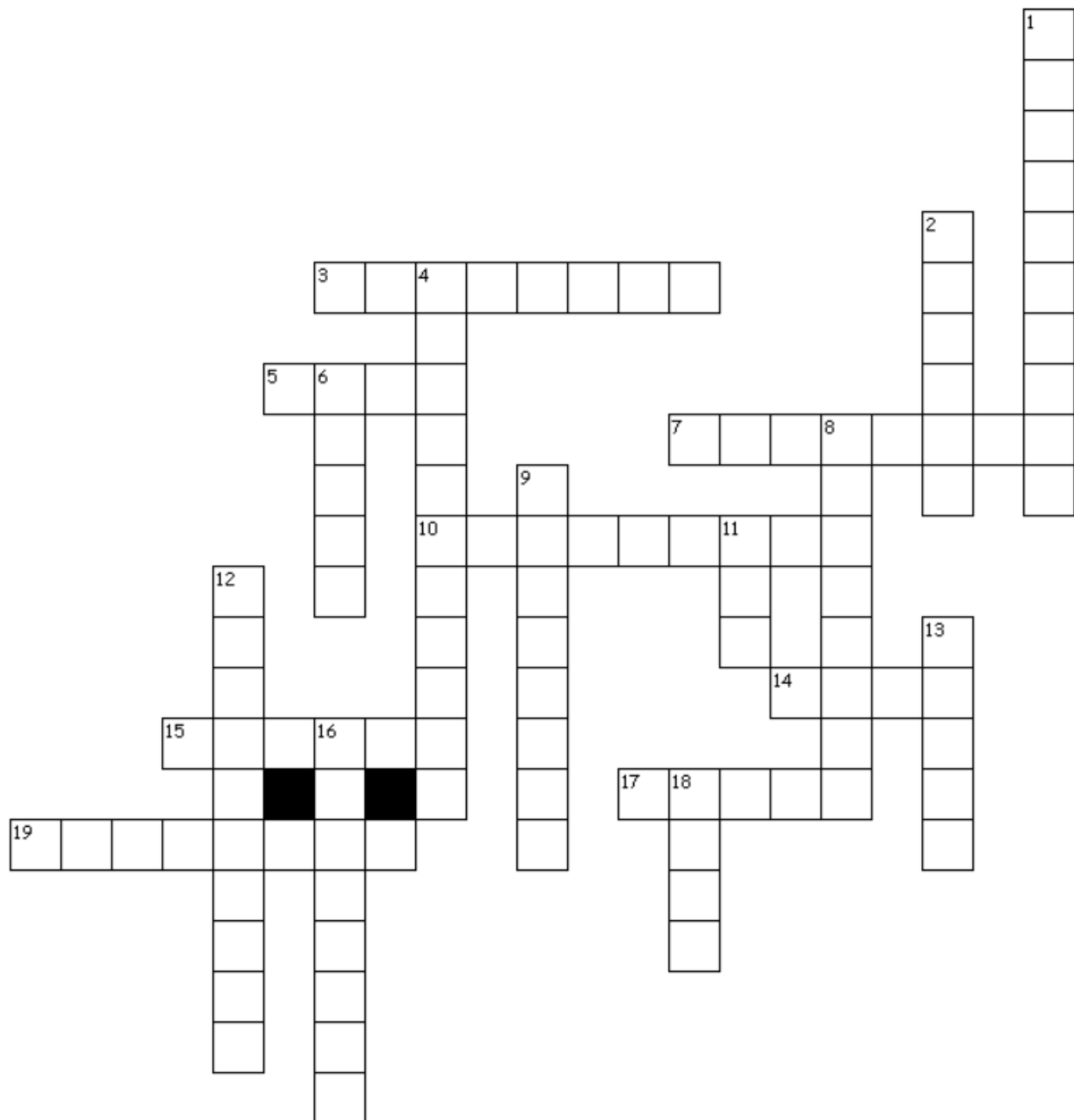
- **Quick Reference Guide** – this contains the key points of the information in the course. It can be used for a quick face to face up date (toolbox talk), placed in a folder, noticeboard or in a staff area.
- **Course Information Sheet** – this is an informational sheet that directs learners to further resources, information, definitions and who the Subject Matter Expert is. This is useful to have prior to viewing the course.

- **Certificate** – a certificate is issued for each course to be completed by the Coordinator. Hours of active learning can be recorded on the certificate for learners who are required to maintain a record of continuing professional development.
- **Poster** – a poster is available for each course.
- **Infographic** – This document supports the concept of microlearning and is supplied to aid any staff who learn in different ways and may need help to retain information. It represents the key information from the course. Use it as a poster or email it to staff to refresh a key message. It could be used as a screen saver or you could attach it to pay slips.

Training Game – Crossword

Infection Control: Laundry

Refer to the clues on the following page.



Across

3. The washing machine should be filled to to achieve optimum results.
5. Dirty items should remain in the dirty area, at a temperature.
7. To disinfect items that would be damaged by high heat, disinfection is used.

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10. Faulty machinery should be reported and from use.
 14. There are key factors in the washing process.
 15. touching clean laundry, hand hygiene should be performed.
 17. Laundry items should not be held to your body.
 19. Bed linen and towelling can be collected

Down

1. A skip is considered a touched surface.
2. Heavily soiled items will need a wash or flush before continuing with a normal wash.
4. Sheets and can be dried partially in the dryer, before being ironed.
6. This disinfection method cannot be used on infectious laundry.
8. A leak proof water-soluble bag is used for heavily soiled laundry to the spread of infection.
9. precautions are in place when handling used laundry.
11. Staff must ensure that laundry tasks are performed in line with the relevant codes and regulations.
12. Dirty laundry can be categorised as used, heavily soiled, and
13. Dirty trolleys should carry clean items or be stored in a clean area.
16. To avoid, laundry bags should only be filled to three quarters capacity.
18. This should be removed from the dryer after each cycle.

Word Bank

all before capacity chemical close cool five frequently infectious lint
minimise never overflow ozone pillowcases sluice standard together
withdrawn

Case Scenario

You have just come on duty and the following laundry items need to be collected, transported, washed and dried:

- Mr Roger's clothing, including a wool cardigan (He has no known infection)
- Mrs Macleod's bedsheets and towels (All linen is heavily soiled)
- Mr Prakesh's bedsheets, towels and clothing (He has influenza and is currently isolating in his room)
- Miss Beckett's clothing, including delicate items (She has MRSA in her leg wound)
- Mr Logan's bedsheets, towels and clothing (He has no known infection, but he obtained a skin tear overnight, leaving all items blood-stained)

How would you collect, transport wash and dry these items? What PPE would you need to wear?

Possible answers may include:

- *Follow your organisation's colour coding system for collecting all laundry.*
 - *Follow your organisation's infection control policies and procedures for PPE requirements.*
 - *Mr Roger's clothing can be collected in the resident's clothing linen bag, though the wool cardigan should be separated and washed on a delicate cycle, and then hung to dry. Gloves and apron should be worn.*
 - *Mrs Macleod's bedsheets and towels should be collected in the appropriate colour coded alginate bag, then placed into the corresponding coloured linen bag for heavily soiled items. All items should go into the sluice before having a normal wash. Gloves and apron should be worn, unless indicated otherwise.*
 - *Mr Prakesh's bedsheets, towels and clothing should be collected in the appropriate colour coded alginate bag, then placed into the corresponding coloured linen bag for infectious items. Gloves, gown, mask and protective eyewear should be worn.*
 - *Miss Beckett's clothing should be collected in the appropriate colour coded alginate bag, then placed into the corresponding coloured linen bag for infectious items. Gloves, gown, mask and protective eyewear should be worn.*
 - *Mr Logan's bedsheets, towels and clothing should be collected in the appropriate colour coded alginate bag, then placed into the corresponding coloured linen bag for heavily soiled items. All items should go into the sluice before having a normal wash. Gloves and apron should be worn, unless indicated otherwise.*
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Essential Assessment Answers

Part A

Select if the statement is TRUE or FALSE.

1. When collecting bed linen, the towels should be wrapped inside the larger sheets.
True ☐ False ☒
2. Trolleys used to store clean linen should never carry dirty laundry or be stored in dirty areas.
True ☒ False ☐
3. Used, heavily soiled and infectious laundry should be collected together in one laundry bag.
True ☐ False ☒
4. Heavily soiled or infectious laundry should be placed into a leak proof water-soluble bag to prevent leakage and minimise the spread of infection.
True ☒ False ☐
5. Any water-soluble bags and their contents can go directly into the washing machine, as the soluble bag will dissolve during the wash.
True ☒ False ☐

Part B

Select the MOST CORRECT answer from the options below each question.

1. Used laundry may be separated into:

A. resident clothing	<input type="checkbox"/>
B. delicate items	<input type="checkbox"/>
C. bed linen and towelling	<input type="checkbox"/>
D. all of the other answers	<input checked="" type="checkbox"/>

2. The washing process consists of five key factors:
 - A. Time, Temperature, Colour, Distribution and Water Level ☐
 - B. Texture, Temperature, Contamination, Dip and Load Weight ☐
 - C. Time, Temperature, Chemicals, Dip and Load Weight ☒
 - D. Time, Texture, Chemicals, Distribution and Water Level ☐

3. Transmission-based precautions, such as donning a mask, goggle or gown, may be required when there is a:
 - A. high risk of infection ☐
 - B. confirmed infectious outbreak ☐
 - C. risk of direct contact with blood or bodily fluids ☐
 - D. all of the other answers ☒

4. Heat or thermal disinfection relies on a time-temperature ratio, such as:
 - A. 65°C for not less than ten minutes ☒
 - B. 55°C for not less than ten minutes ☐
 - C. 65°C for not less than three minutes ☐
 - D. 55°C for not less than three minutes ☐

5. What does ozone disinfection use to effectively achieve disinfection?
 - A. heat ☐
 - B. oxygen and electricity ☒
 - C. chemicals ☐
 - D. all of the other answers ☐

Part C

Select the **MOST CORRECT** word or phrase to complete the sentence.

1. Bed linen shaken before it is placed in the skip.
 - A. should be ☐
 - B. should not be ☒

C. can be ☐

2. To minimise the spread of infection, laundry bags should be

A. filled to capacity ☐

B. filled half-way ☐

C. filled to three quarters ☒

3. Dirty laundry items should remain in the dirty area, at a temperature, and washed as soon as possible.

A. warm ☐

B. cool ☒

C. hot ☐

4. For optimum results, the washing machine should be

A. filled half-way ☐

B. filled to capacity ☒

C. two thirds full ☐

5. Laundry items that have been placed in a water-soluble bag reopened before being placed in the washing machine.

A. should be ☐

B. can be ☐

C. should not be ☒

DISCLAIMER:

Except where otherwise stated, scenarios depicted in this course are fictional and any resemblance to any person or event is purely coincidental. The information in this course has been prepared as general information only. It is not intended to provide legal, industrial or other specialist advice and should not be relied upon as such. All advice and information are professionally sourced and provided in good faith and, while all care

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