

# Coordinator Resources

Infection Control: Cleaning

This pack contains resources for the Altura Learning Coordinator to utilise in order to further embed the learning of the participants completing the course.

Contained in this pack are the following:

- A **learning game** – this game will be an opportunity to have a bit of fun to have with the participants! It can be used as an ice breaker or to continue to engage participants after having watched the video.
- A **case scenario** is a fictional story of a person that allows learners to extrapolate and apply what they have learned to a practical scenario. You can present the case scenario to a group of staff for discussion or use it as a self-directed exercise. You could ask staff to relate the case scenario to the related policy and procedures at your organisation.
- **Essential Assessment Answers** are contained in this pack to allow you to mark the Essential Assessment with ease.

### Other Learning Resources:

Altura Learning has three assessments available to test learner's knowledge or to apply what they have learned to the workplace. You will be able to download these assessments in a PDF version or they may be assessed online depending on how you access Altura Learning.

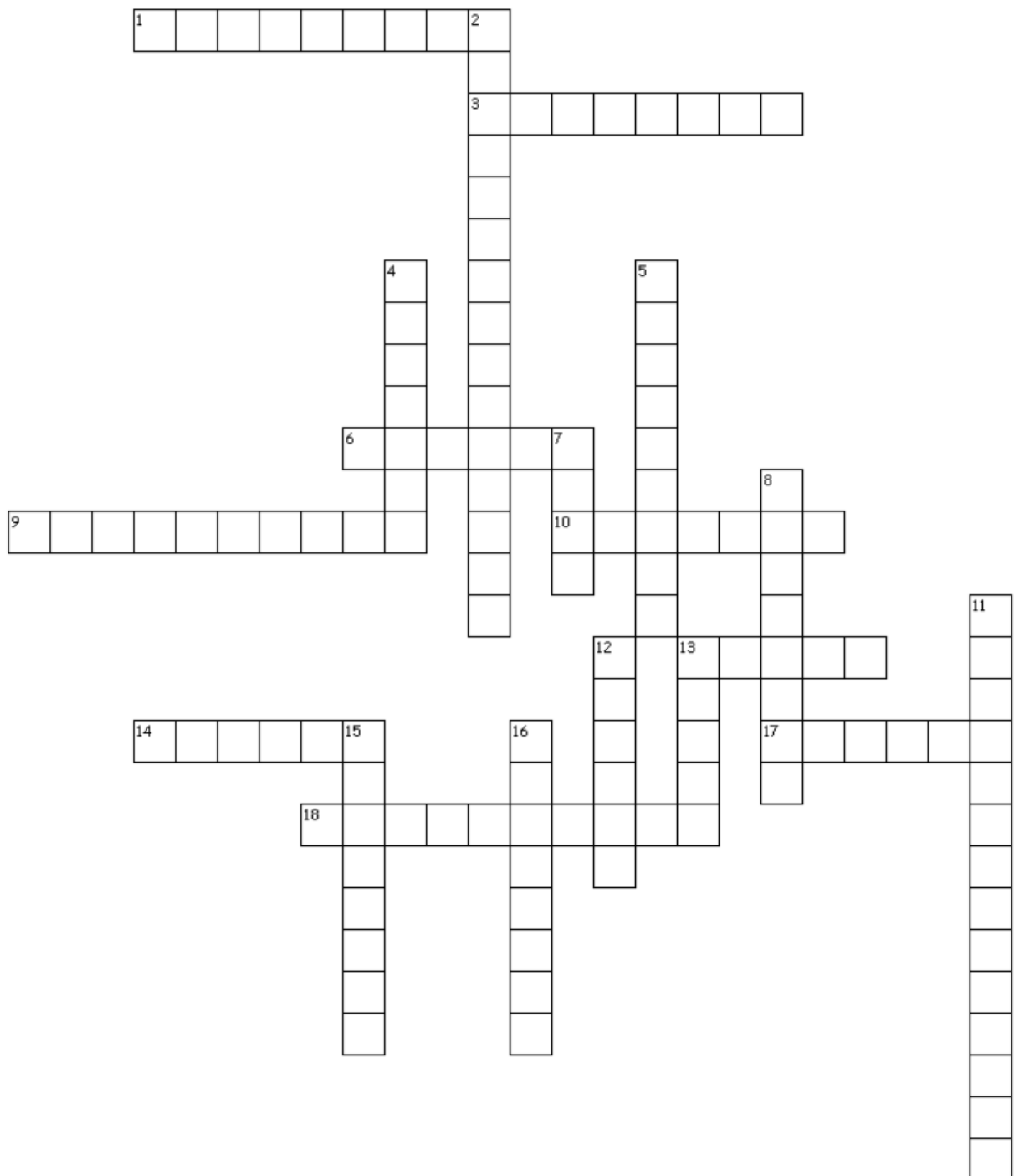
- **Essential Assessment** – this assessment demonstrates that the learner has understood the information contained in the video.
- **Extension Assessment** – this assessment asks the learner to reflect on the subject discussed in the video. This requires short answers which are marked by the Coordinator.
- **Evidence Assessment** – overall there may be a variety of these assessments offered depending on the subject matter of the course, but they are all designed for the learner to demonstrate that they have the skills to implement the care or service in the workplace.

In addition to these assessments, Altura Learning supports each course with the following resources:

- **Quick Reference Guide** – this contains the key points of the information in the course. It can be used for a quick face to face up date (toolbox talk), placed in a folder, noticeboard or in a staff area.
- **Course Information Sheet** – this is an informational sheet that directs learners to further resources, information, definitions and who the Subject Matter Expert is. This is useful to have prior to viewing the course.
- **Certificate** – a certificate is issued for each course to be completed by the Coordinator. Hours of active learning can be recorded on the certificate for learners who are required to maintain a record of continuing professional development.
- **Poster** – a poster is available for each course.
- **Infographic** – This document supports the concept of microlearning and is supplied to aid any staff who learn in different ways and may need help to retain information. It represents the key information from the course. Use it as a poster or email it to staff to refresh a key message. It could be used as a screen saver or you could attach it to pay slips.

## Training Game – Crossword Infection Control: Cleaning

Refer to the clues on the following page.



### Across

1. This describes contact that occurs when someone touches a dirty surface and transfers micro-organisms to another person.
4. Management should conduct regular ..... and inspections in infection control.
10. This kind of waste must be disposed of separately, as per your organisation's policies and procedures.
15. A Daily Touch Point Clean is used on ..... touched surfaces.
16. Any stains or spillages on the ..... should be shampooed.
18. Consult the manufacturer's guidelines to dispose of these types of spill kits.
21. When there is a risk of contact with blood, additional PPE may be required, such as donning .....
23. Bins should be emptied and taken to the waste and recycle collection area at least .....
24. To prevent cross contamination when cleaning, a ..... coding system should be in place.

### Down

3. These wipes can be used to clean small spills.
5. This filter on a vacuum is designed to trap fine dust particles.
7. Hand hygiene is considered the single most effective way to ..... the spread of infection.
8. The order and direction of cleaning means to work from clean to ..... areas.
9. Mechanical floor cleaning allows the removal of large quantities of .....
10. This describes the removal of visible dirt, food or secretions.
11. An enhanced or ..... clean takes place when there has been an infection outbreak.
13. A deep or ..... clean occurs when a resident has passed away or after an infectious outbreak.
19. This describes the three-stage process of cleaning, disinfection and sterilisation.
20. Chlorine-based products such as ..... produce toxic fumes and therefore should only be used for an enhanced or deep clean.

### Word Bank

audits biohazard bleach carpet cleaning clinical colour daily decontamination  
detergent dirty frequently goggles HEPA indirect infectious microorganisms prevent  
terminal

### Case Scenario

In this case scenario, Janet who is a cleaner at Sunshine Care Homes has just come on shift. She has been asked to complete the following:

- Daily Touch Point clean for the nurse's station
- Weekly clean for the dining room and kitchenette serving area
- Weekly clean for the resident's loungeroom
- Two well resident's bedrooms and bathrooms
- One unwell resident's bedroom and bathroom (the resident has gastroenteritis and is currently in isolation in their bedroom)

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### Questions to Consider:

1. What PPE is required for each task?
2. What colour coded equipment is required for each task?
3. What surfaces should be cleaned as a part of each procedure?

### Possible Responses:

1. *What PPE is required for each task?*

- Daily Touch Point clean for the nurse's station — Standard precautions (unless there is an infectious outbreak within the facility).
- Weekly clean for the dining room and kitchenette serving area — Standard precautions (unless there is an infectious outbreak within the facility).
- Weekly clean for the resident's loungeroom — Standard precautions (unless there is an infectious outbreak within the facility).
- Two well resident's bedrooms and bathrooms — Standard precautions (unless there is an infectious outbreak within the facility).
- One unwell resident's bedroom and bathroom (the resident has gastroenteritis and is currently in isolation in their bedroom) — Transmission-based precautions e.g. gown, gloves, mask, goggles.

2. *What colour coded equipment is required for each task?*

- Follow your organisation's policies and procedures for colour coding e.g. blue for general area, green for kitchen and dining, red for bathrooms, yellow for infectious areas.

3. *What surfaces should be cleaned as a part of each procedure?*

- Daily Touch Point clean — all frequently touched surfaces and equipment.
- Weekly clean for the dining room and kitchenette serving area — all frequently touched surfaces areas and equipment, plus all minimally touched surfaces and equipment.
- Weekly clean for the resident's loungeroom — all frequently touched surfaces areas and equipment, plus all minimally touched surfaces and equipment.
- Two well resident's bedrooms and bathrooms — all frequently touched surfaces areas and equipment, plus all minimally touched surfaces and equipment.
- One unwell resident's bedroom and bathroom — all frequently touched surfaces areas and equipment, plus all minimally touched surfaces and equipment.

## Essential Assessment Answers

### Part A

Select if the statement is TRUE or FALSE.

1. The daily touch point clean starts with an initial clean, using damp dusting and damp mopping.  
True ☒ False ☐
2. Staff should work from clean to dirty, starting in the cleaner areas and finishing in the dirty areas.  
True ☒ False ☐
3. The order and direction in which you clean is not important.  
True ☐ False ☒
4. Staff should clean from low to high.  
True ☐ False ☒
5. When conducting an enhanced or infectious clean, appropriate PPE must be worn.  
True ☒ False ☐

### Part B

Select the MOST CORRECT answer from the options below each question.

1. Infection control cleaning precautions include:
  - A. risk assessments ☐
  - B. cleaning schedules ☐
  - C. use of personal protective equipment ☐
  - D. all of the other answers ☒

2. A deep clean, also known as a terminal clean, is carried out:
  - A. daily ☐
  - B. when a resident has passed away or been transferred ☒
  - C. weekly ☐
  - D. before an infectious outbreak ☐
  
3. Hand hygiene should be performed:
  - A. in between cleaning tasks ☐
  - B. before entering a resident's room ☐
  - C. before and after each change of PPE ☐
  - D. all of the other answers ☒
  
4. Which of the following stages of decontamination are used when conducting an infectious clean?
  - A. cleaning only ☐
  - B. cleaning, disinfection and sterilisation ☐
  - C. cleaning and disinfection ☒
  
5. When cleaning up blood or bodily fluid spills, staff should use:
  - A. a detergent wipe ☐
  - B. a vacuum cleaner with a HEPA filter ☐
  - C. the biohazard spill kit ☒
  - D. a damp mop or sweeping cloth ☐

## Part C

Select the **MOST CORRECT** word or phrase to complete the sentence.

1. The term decontamination is used to describe a ..... stage process.
  - A. two ☐
  - B. three ☒
  - C. four ☐

2. .... cleaning is carried out on a regular basis.
  - A. Deep ☐
  - B. Enhanced ☐
  - C. General or routine ☒
  
3. A daily touch point clean is used on surfaces and floors that are touched .....
  - A. frequently ☒
  - B. minimally ☐
  - C. rarely ☐
  
4. All equipment, mop heads, cloths and dusters must be washed on a ..... basis.
  - A. monthly ☐
  - B. weekly ☐
  - C. daily ☒
  
5. When damp mopping or sweeping, make sure the mop or broom ..... from the floor during the process.
  - A. does not lift ☒
  - B. lifts ☐
  - C. is elevated ☐

**DISCLAIMER:**

Except where otherwise stated, scenarios depicted in this course are fictional and any resemblance to any person or event is purely coincidental. The information in this course has been prepared as general information only. It is not intended to provide legal, industrial or other specialist advice and should not be relied upon as such. All advice and information are professionally sourced and provided in good faith and, while all care has been taken, no legal liability or responsibility is accepted for any possible error. For direction concerning your particular circumstances, independent advice should be sought. Copyright 2020. The contents of these Learning Resources remain the property of Altura Learning. They are for the exclusive use of current members of Altura Learning; their use, distribution, and storage are subject to the terms and conditions laid out in Membership Agreements. Altura Learning and Engage. Inform. Inspire are registered trademarks of Altura Learning.