

Evidence Assessment

Mental Health: Anxiety Disorders

A Guide for Completing Evidence Assessment

The below interview questions can be used by coordinators to illustrate that learners are able to apply the information they have learnt in relation to their own role and place of work. In addition to the corresponding Altura Learning course, assessors may need to provide learners with local organisational resources and policies in order for them to demonstrate this knowledge.

The assessment should be conducted by an assessor who is competent in the principles of support strategies for individuals.

Interview Questions

Question	Answer
What are your responsibilities for supporting individuals living with anxiety?	
What would you do if someone you support started showing signs and symptoms of anxiety?	
If someone you supported developed a fear of showering, what support and alternative care could you offer?	

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<p>If you have a new admission to your care home that has a history of an anxiety disorder, what could you do to reduce their anxiety regarding their admission?</p>	
<p>Where could you go for further advice about appropriate strategies to help support individuals living with anxiety?</p>	

Learner Name:

Signature:

Supervisor Name:

Signature:

DISCLAIMER:

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