

This is to certify that

\_\_\_\_\_

has completed the Altura Learning Course

**Mental Health: Anxiety Disorders**



**Learning Outcomes:**

- Describe common anxiety disorders and their signs and symptoms
- Explain how to support a person living with an anxiety disorder whilst in a care environment

**Content Completed:**

- Course Viewing
- Essential Assessment
- Extension Assessment
- Evidence Assessment

**Active Hours Completed**

  
  
  

**Date:**

\_\_\_\_\_

**Organisation:**

\_\_\_\_\_

**Coordinator's Name:**

\_\_\_\_\_

**Coordinator's Title:**

\_\_\_\_\_

**Coordinator's Signature:**

\_\_\_\_\_