

This is to certify that

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has completed the Altura Learning Course  
**Dementia: Supporting Sleep**



**Learning Outcomes:**

- Explain the effects dementia may have on a person's ability to sleep
- Outline strategies to support a person with dementia to sleep

**Content Completed:**

- Course Viewing
- Essential Assessment
- Extension Assessment
- Evidence Assessment

**Active Hours Completed**

  
  
  

**Date:**

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**Organisation:**

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**Coordinator's Name:**

\_\_\_\_\_

**Coordinator's Title:**

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**Coordinator's Signature:**

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