

This is to certify that

has completed the Altura Learning Course
Restrictive Practices and Restraints



Learning Outcomes:

- Identify the types of restrictive practices that have been known to be used in an aged care setting
- Discuss the medical, legal and ethical issues involved in the use of restrictive practices
- Recognise how positive support strategies can be used as an alternative to restraint or restrictive practice

Content Completed:

- Course Viewing
- Essential Assessment
- Extension Assessment
- Evidence Assessment

Active Hours Completed

Date:

Organisation:

Coordinator's Name:

Coordinator's Title:

Coordinator's Signature:
