

RISK FACTORS THAT CAN CONTRIBUTE TO A FALL

1.

Medical Conditions e.g. Incontinence, Parkinson's Disease, Malnutrition, Dementia

2.

Medications e.g. Type, Number, Dosage

3.

Psychosocial & Demographic Factors e.g. Age, Gender, Depression, Living Alone

4.

Sensorimotor Function & Balance e.g. Muscle Weakness, Poor Sensation, Impaired Vision

5.

Environmental Factors e.g. Unsafe Footwear, Poor Lighting, Slip or Trip Hazards

