

Essential Assessment

H&S: Supporting People to Move

Name:

Date:

Please return your completed assessment to your coordinator. Thank you.

Part A

Select tick if the statement is TRUE or FALSE.

1. The bear hug or pivot transfer is recommended as a low risk manual handling move.
True False
2. Promoting a person's independence is unnecessary during a move.
True False
3. A person wearing a transfer belt should be weight bearing and require minimal assistance.
True False
4. If using two staff members, always adjust the bed to the best height for the tallest person.
True False
5. If you are assisting a person to roll using a person's body mechanics, and you are doing the move alone, you should stand on the side of the bed that the person is rolling towards.
True False

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Part B

Select the *MOST CORRECT* answer from the options below each question.

1. A person's mobility care plan should be checked:
 - A. after the move has been completed
 - B. during the move, by the second staff member
 - C. the care plan does not need to be checked
 - D. before commencing the move

2. If a person can assist with the move:
 - A. encourage them to do so
 - B. discourage them from doing so
 - C. ask them not to assist, so that you can complete the move quickly
 - D. none of the other answers

3. A full sling hoist can be used to assist a person move from a bed to a:
 - A. wheelchair
 - B. shower chair
 - C. bed bath
 - D. all of the other answers

4. If a person has fallen and they are injured:
 - A. you must not move them, but seek medical assistance
 - B. you are free to commence the move
 - C. you should ask the person to move themselves
 - D. none of the other answers

5. When using the stand-up hoist, the person's hands:
 - A. should be on the lifter handles, over and outside the sling
 - B. should be on the lifter handles, under and inside the sling
 - C. should not make contact with the lifter handles
 - D. should be placed on their chest

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Part C

Select the **MOST CORRECT** word or phrase to complete the sentence

1. The risk assessment tool TILEO stands for, Individual, Load, Environment and Other Factors.
 - A. Time
 - B. Tool
 - C. Task

2. When supporting a person to move, remember that you are doing the move the person.
 - A. for
 - B. with
 - C. to

3. When assisting a person to stand up from a bed to a chair, using a walking frame, make sure the bed is raised to a safe height for the person.
 - A. standing
 - B. sitting
 - C. lying

4. When guiding a person to sit down, you should assist them to turn until they are in a position where they can feel the seat against the of their legs.
 - A. side
 - B. front
 - C. back

5. The optimum number of staff required to assist a person to move from a bed to a trolley using a transfer board is
 - A. 1-2
 - B. 2-3
 - C. 3-4

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