

Your name:



Part A

Please tick the correct **TRUE** or **FALSE ANSWER**.

Example: A care plan should evolve over time to incorporate changes in the resident's needs.

True False

1. A decrease in saliva, is due to ageing.

True False

2. Sore mouth (Somatitis) can be a sign of a general health problem.

True False

3. There should be no impact on habits such as eating if an older person has tooth decay?

True False

4. Sugar based lollies are recommended for relieving a dry mouth.

True False

5. When brushing a denture, using a mild soap is recommended.

True False

6. Toothpaste may be abrasive and scratch the surface of the denture.

True False



PART B

Select the **MOST CORRECT** answer from the options below each question.

Example: Person centred care planning should consider these needs of the older person:

- A. Physical and medical
- B. Medical and psychological
- C. Social and spiritual
- D. Physical, medical, psychological, social and spiritual

1. According to the program, when assisting an older person with oral hygiene who has dementia, cognitive impairment or memory loss, they may exhibit behaviours such as:

- A. Refusing to open their mouth
- B. Hiding their dentures
- C. Shouting during care
- D. Biting

2. Dental plaque is:

- A. A naturally occurring invisible film
- B. A substance that sticks to all surfaces of the teeth and mouth including the tongue
- C. Continually forming
- D. All of the other answers

3. Severe gum disease is called:

- A. Glossitis
- B. Angular Cheilitis
- C. Periodontitis
- D. All of the other answers

4. Dentures should be taken out at night and soaked in:

- A. Water and a denture soaking tablet
- B. Water
- C. Mouth wash
- D. All of the other answers

5. When brushing dentures you should use the following product:
- A. A general toothpaste
 - B. Mild liquid soap
 - C. Fluoride based toothpaste
 - D. A denture soaking tablet
6. After cleaning your teeth you should :
- A. Rinse your mouth well
 - B. Spit but not rinse
 - C. Use a mouth wash
 - D. All of the other answers



PART C

Select the **MOST CORRECT** word or phrase to complete the sentence.

Example: A resident's.....signs such as temperature are also described as "obs" or "observations."

- A. life
- B. vital
- C. key
- D. health

1. of people over the age of 65 are without some teeth:

- A. 30%
- B. 40%
- C. 50%

2. According to the program, dental plaque can only be removed by

- A. brushing
- B. a dentist
- C. flossing

3. A sign of gingivitis is gums

- A. whitened
- B. receding
- C. bleeding

4. To reduce the risk of damaging the oral tissue and increasing the risk of infection,, glycerine and strong antacids should be avoided.

- A. soft drinks
- B. lemon
- C. sugar

5. When brushing a denture a is recommended

- A. gel toothpaste
- B. mild liquid soap
- C. denture tablet

6. A denture should be washed in a bowl filled with water or with a %placed in the base of the sink
- A. mild soap
 - B. denture cleaning tablet
 - C. wash cloth

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