



Your name:

Date:



### Part A

**Please tick the correct TRUE or FALSE ANSWER.**

**Example:** A care plan should evolve over time to incorporate changes in the resident's needs.

True

False

1. It is expected that a person with dementia will not experience a dignified death, as there is no way of knowing their wishes.

True

False

2. The dying phase will be the same and follow the same pattern for everyone dying with dementia.

True

False

3. A person dying with dementia may not understand that you are trying to help them and may be resistant to personal care.

True

False

4. All older people with dementia will have completed an advanced care plan when they enter a care home so that their end of life wishes are clear.

True

False

5. If a person with dementia appears stiff, is rocking, or perhaps guarding part of their body it could be a sign of pain.

True

False



**PART B**

**Select the MOST CORRECT answer from the options below each question.**

**Example:** *Person centred care planning should consider these needs of the older person:*

- a) Physical and medical
- b) Medical and psychological
- c) Social and spiritual
- d) Physical, medical, psychological, social and spiritual

1. According to the course, how many people over the age of 65 will die with dementia?

- a) 1 in 3 people
- b) 1 in 5 people
- c) 1 in 6 people
- d) 1 in 9 people

2. In the course, John Hall had been diagnosed with a rare variant form of Alzheimer's disease, known as PCA, which stands for:

- a) Post Cerebellum Atrophy
- b) Posterior Cortical Alzheimer's
- c) Posterior Cerebrum Atrophy
- d) Posterior Cortical Atrophy

3. At the end stage of life pain may be caused by:

- a) Arthritis
- b) Pressure Areas
- c) Constipation
- d) All of the other answers

4. Symptoms at the end stage of life may include:

- a) Agitation
- b) Loss of appetite
- c) Breathing difficulties
- d) All of the other answers

5. Signs that a person is in pain or discomfort may include:

- a) Grimacing and groaning
- b) Being flushed and perspiring
- c) Clenching teeth
- d) All of the other answers



**PART C**

**Select the MOST CORRECT word or phrase to complete the sentence.**

**Example:** A resident's.....signs such as temperature are also described as "obs" or "observations."

- a) life
- b) vital
- c) key

1. In the course, 'end stage of life' refers to the final few ..... of a person's life.
  - a) days and hours
  - b) weekends and days
  - c) months and weeks
2. A person dying with dementia is likely to have experienced a prolonged period with a reduced ..... to communicate.
  - a) desire
  - b) need
  - c) capacity
3. If there is a lack of ..... evidence about a person's wishes, it can be very complicated and ethically challenging to make decisions on their behalf.
  - a) documented
  - b) public
  - c) family
4. According to the course, the signs and symptoms of ..... may be dismissed or ignored simply as challenging behaviour.
  - a) excitement
  - b) pain
  - c) dysphagia
5. Care staff need to act as ..... for the dying person, to help work out how to meet their needs and wishes.
  - a) advocates
  - b) nurses
  - c) family

**DISCLAIMER:**

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