



Your name:

Date:



### Part A

**Please tick the correct TRUE or FALSE ANSWER.**

**Example:** A care plan should evolve over time to incorporate changes in the resident's needs.

True

False

1. Dementia with Lewy bodies can appear very similar to Parkinson's disease.

True  False

2. The older person in the end stage of dementia will usually gain significant amounts of weight.

True  False

3. The impact of dementia on a person's day to day activities will vary depending on the progress their dementia.

True  False

4. A reduction in the number of mirrors in the care home can help to minimise confusion.

True  False

5. It is unnecessary to involve the older person in decisions.

True  False

## PART B



Select the **MOST CORRECT** answer from the options below each question.

**Example:** *Person centred care planning should consider these needs of the older person:*

- a) Physical and medical
- b) Medical and psychological
- c) Social and spiritual
- d) Physical, medical, psychological, social and spiritual

1. Vascular dementia is associated with problems of blood circulation to the:
  - A. heart
  - B. limbs
  - C. brain
  - D. toes
  
2. The stages of dementia are typically classified in:
  - A. three stages
  - B. five stages
  - C. two stages
  - D. ten stages
  
3. A person-centred approach ensures that we see each person living with dementia as:
  - A. a collection of symptoms to be managed
  - B. an individual
  - C. a collection of behaviours to be controlled
  - D. just another challenging patient
  
4. A person in the middle stage of dementia may:
  - A. fail to recognise people or confuse them with others
  - B. become increasingly forgetful
  - C. require additional support to help manage their day to day living
  - D. all of the other answers

5. Helpful adaptations that the care home may want to utilise include:

- A. The use of contrasting colours
- B. The use of the same colour throughout
- C. The use of the colour blue only
- D. The use of the colour red only



## PART C

Select the **MOST CORRECT** word or phrase to complete the sentence.

**Example:** A resident's.....signs such as temperature are also described as "obs" or "observations."

- a) life
- b) vital
- c) key

1. Alzheimer's affects between ..... of all people with dementia.

- A. 60-70%
- B. 20-30%
- C. 40-50%

2. The three stages of dementia are classified as the early, middle and ..... stage.

- A. first
- B. late
- C. insignificant

3. Each person with dementia will progress at ..... rate.

- A. the same
- B. an identical
- C. a different

4. It is important to focus on activities that were ..... to the older person in the past.
- A. unfamiliar
  - B. familiar
  - C. unknown
5. It can be helpful to think about what the older person's routine was like before their dementia and try to ..... it.
- A. recreate
  - B. avoid
  - C. ignore

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