

Program code: C150128

Live transmission: 28th January 2015

Program type: Core

Program category: Activities of Daily Living

Program aim: Discover how to bathe and assist with the personal grooming of a person who is confined to bed, while maintaining their dignity.

Target audience: New Care Staff, Experienced Care Staff, Registered Nurses

Learning outcomes: After viewing this program participants should be able to:

- Know how to meet the bathing and grooming needs of a person confined to bed, while maintaining their dignity
 - Apply practical strategies to assist with this process
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Think about: Consider the following questions:

- Have you had to bathe a person confined to their bed?
 - What are the difficulties that could occur while bathing or grooming a person confined to their bed?
 - What problems can occur?
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Active Learning Hours: This program and the accompanying assessment may require up to three hours of active learning. It is the learner's responsibility to calculate how many hours of active learning have taken place. The program viewed must be relevant to the care worker or nurse's context of practice for it to be considered continuing professional development. Certificates are available from your coordinator.

Resources to support your learning



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- Nightingale, F. (1859) *Notes on Nursing - What It Is and What It Is Not*. Churchill Livingstone, London
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- Philips, L. and Buttery, J. (2009) Exploring Pressure Ulcer Prevalence and Preventative Care. *Nursing Times*, 16, 105
- Sheppard, C.M. and Brenner, P.S. (2000) The effects of bathing and skin care practices on skin quality and satisfaction with an innovative product. *Journal of Gerontological Nursing*, 26 (10), 36-45
- Smoker, A. (1999) Skin care in old age. *Nursing Standard*, 13 (48), 47-50
- Voegeli, D. (2008) Care or harm: exploring essential components in skin care regimens. *British Journal of Nursing*, 17 (1), 24-30



The resources for this ACC program have been developed with the support of the Health Television Network Pty Limited. www.htn.edu.au

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