



Essential

BPSD: Responding to Behavioural Symptoms of Dementia

Your name:

Date:



Part A

Please tick the correct TRUE or FALSE ANSWER.

Example: A care plan should evolve over time to incorporate changes in the resident's needs.

True

False

1. When a person has dementia, the behaviours we see, occur because of the physical deterioration of their brain.

True

False

2. Reality Orientation is always the right thing to do.

True

False

3. If a person is agitated, you should always remove objects that could present a risk of harm and remove yourself and others from the situation until things calm down.

True

False

4. According to the course, every time we encounter a behavior that comes from how a person expresses their feelings, we add to the picture we have of that person.

True

False

5. It is important to remember, any records in care should be about opinions, not facts.

True

False



PART B

Select the **MOST CORRECT** answer from the options below each question.

Example: *Person centred care planning should consider these needs of the older person:*

- a) Physical and medical
- b) Medical and psychological
- c) Social and spiritual
- d) Physical, medical, psychological, social and spiritual

1. Reality Orientation means prompting residents to:

- a) know where they are and what time, day or year it is
- b) forget about what time of year, day or year it is
- c) reminisce about their childhood
- d) none of the other answers

2. Tasks such as laying the table prior to dinner or turning off lights prior to bed can:

- a) be confusing for a person with dementia
- b) can make a person with dementia extremely agitated
- c) provide a person with dementia with clues of the time of day
- d) encourage the person to help and get involved

3. According to the course, dementia can affect:

- a) the heart and a person's blood pressure
- b) the brain and a person's memory
- c) the lungs and a person's breathing
- d) oxygen levels and a person's respiration

4. If a person has become extremely agitated, there are obvious triggers that can be addressed to try to:

- a) de-escalate the situation
- b) heighten the tension
- c) keep the person quiet
- d) ignore the situation

5. According to the course, the term 'antecedent' means reporting:

- a) what was happening before an incident
- b) what was happening after an incident
- c) what was happening during an incident
- d) the prevention of the incident



PART C

Select the MOST CORRECT word or phrase to complete the sentence.

Example: A resident's.....signs such as temperature are also described as "obs" or "observations."

- a) life
- b) vital
- c) key

1. It is recognized that behaviour generally has an underlying cause or reason that the person may not be able to
 - a) understand
 - b) communicate
 - c) grasp

2. Staff can use residents' past history for re-direction.
 - a) distraction
 - b) reaction
 - c) obstruction

3. Finding out about a person's history can be a good way to build up..... relationships.
 - a) unforgettable
 - b) negative
 - c) positive

4. If a person has become extremely agitated, it is important to use communication, to acknowledge and validate the person's feelings.
 - a) clear
 - b) forceful
 - c) aggressive

5. The 'C' in the ABC chart stands for
 - a) control
 - b) consequence
 - c) checking

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