

This is to certify that

has completed the Altura Learning Course

WHS: Preventing Musculoskeletal Injury at Work



Learning Outcomes:

- Explain how the musculoskeletal system works
- Identify the factors that lead to musculoskeletal strain or injury
- Practice good posture and correct manual handling techniques to prevent musculoskeletal injuries

Content Completed:

- Course Viewing
- Essential Assessment
- Extension Assessment
- Evidence Assessment

Active Hours Completed

Date:

Organisation:

Coordinator's Name:

Coordinator's Title:

Coordinator's Signature:
