



Your name:

Date:



Part A

Please tick the correct TRUE or FALSE ANSWER.

Example: A care plan should evolve over time to incorporate changes in the resident's needs.

True

False

1. Eczema develops by the age of 30 or not at all.

True

False

2. People from different ethnic minority groups can have different skin needs.

True

False

3. Perfumed products tend to moisturise skin.

True

False

4. To support self-application, put cream onto the back of the person's hands.

True

False

5. Rings and long finger nails may cause painful damage to an older person's skin.

True

False



PART B

Select the **MOST CORRECT** answer from the options below each question.

Example: Person centred care planning should consider these needs of the older person:

- a) Physical and medical
- b) Medical and psychological
- c) Social and spiritual
- d) Physical, medical, psychological, social and spiritual

1. Dry skin loses its ability:

- a) to retain water
- b) to retain protein
- c) to retain elastin
- d) to retain oil

2. The American Academy of Dermatology created the:

- a) ABXYZ Guide
- b) ABACAB Guide
- c) ABABE Guide
- d) ABCDE Guide

3. An uneven or poorly defined edge on a lesion or melanoma is called:

- a) Border Abnormality
- b) Border Crosshatch
- c) Border Irregularity
- d) Border Asymmetry

4. How much longer does older people's skin take to heal?

- a) Up to 2 times longer
- b) Up to 4 times longer
- c) Up to 8 times longer
- d) Up to 10 times longer

5. What are the main functions of the subcutaneous layer?

- a) Helps the body stay warm and absorb shocks
- b) Helps the body stay warm and hold its shape
- c) Helps the body stay warm and absorb light
- d) Helps the body stay warm and flexible



PART C

Select the MOST CORRECT word or phrase to complete the sentence.

Example: A resident's.....signs such as temperature are also described as "obs" or "observations."

- a) life
- b) vital
- c) key

1. More serious eczema can weep, bleed, become and very sore.

- a) inflamed
- b) reddened
- c) swollen
- d) infected

2. A condition that is is not cancerous or life threatening.

- a) small
- b) benign
- c) malignant
- d) new

3. Eczema can be a life long condition that with age.

- a) changes
- b) intensifies
- c) repairs itself
- d) all of the above answers

4. Most skin conditions are not, no matter how unpleasant they look.

- a) uncomfortable
- b) embarrassing
- c) contagious
- d) itchy

5. Some skin conditions can create levels equivalent to chronic diseases.

- a) disability
- b) embarrassment
- c) compensation
- d) emotional

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