

Name:

Date:

Please return your completed assessment to your coordinator. Thank you.



Part A – TYPES & ROUTES

- The standard catheter length that may be more comfortable and discreet for female urethral catheterisation is:
 - 25cm
 - 35cm
 - 40cm
 - 45cm
- The standard catheter length for male urethral catheterisation is
 - 21-25cm
 - 31-35cm
 - 41-45cm
 - 51-55cm
- A three-way catheter is advised for long-term use.

True False
- Catheters are measured in Charriere or French Gauge, which indicates the external of the catheter.
 - diameter
 - length
 - width
- A one-way or straight nelaton catheter has only one channel for drainage and is only for use.
 - continuous
 - intermittent
 - long-term



PART B – SUPRAPUBIC CATHETERS

1. According to the video, prior to changing the SPC, you should put on how many pairs of sterile gloves?
 - A. one
 - B. two
 - C. three
 - D. none

2. Which of the following is inserted to inflate the integrated balloon?
 - A. normal saline
 - B. lubricating gel
 - C. tap water
 - D. sterile water

3. Changing of the SPC uses a sterile technique.

True False

4. When changing an SPC, you might like to bring a spare catheter in size, just to be safe.
 - A. a larger
 - B. the same
 - C. a smaller

5. When preparing the equipment, expose the of the new catheter from its inner wrapper and lubricate the tip.
 - A. top third
 - B. top two thirds
 - C. entirety



PART C – FEMALE URETHRAL CATHETERS

- 1. Before performing female urethral catheterisation, make sure you:
 - A. provide privacy
 - B. empty the catheter bag
 - C. gain consent
 - D. all of the other answers

- 2. A waterproof sheet should be placed underneath the person's:
 - A. head
 - B. buttocks
 - C. knees
 - D. heels

- 3. When inserting a female urethral catheter, if the female has limited mobility, she can lay on her side with knees pulled up.

True False

- 4. Once your non-dominant hand is used to separate the labia minora, it is considered

 - A. sterile
 - B. non-contaminated
 - C. contaminated

- 5. Clean the labial folds and urethral meatus using a motion.
 - A. downwards
 - B. clockwise
 - C. upwards



PART D – MALE URETHRAL CATHETERS

1. For male urethral catheterisation, you'll need anaesthetic lubricating gel. This should be:
 - A. 2-4mLs
 - B. 4-8mLs
 - C. 10-20mLs
 - D. 20-30mLs

2. If the person is uncircumcised:
 - A. pull back the foreskin to clean the penis
 - B. leave the foreskin in its original position
 - C. they should not be catheterized
 - D. none of the other answers

3. Make sure the drainage bag is above the level of the bladder.

True False

4. If two people are performing the procedure, person one works in the '..... field' and person two works in the 'other field.'
 - A. sterile
 - B. dominant
 - C. aseptic

5. When inserting the male urethral catheter, hold the penis upward, at a degree angle to the body.
 - A. 45
 - B. 90
 - C. 180



PART E – DOCUMENTATION, MONITORING & TROUBLESHOOTING

1. When documenting the procedure, you should include:
 - A. the reasons for catheterisation
 - B. the date and time of catheterisation
 - C. catheter type, length and size
 - D. all of the other answers

2. With urethral catheters, the site must be cleaned not only daily but also after every:
 - A. meal
 - B. activity
 - C. exercise class
 - D. bowel movement

3. The SPC site should not be covered with a dressing unless indicated.

True False

4. The drainage bag would normally be changed every days.
 - A. 2-3
 - B. 5-7
 - C. 10-14

5. After each daily cleaning of the suprapubic catheter site, give the tubing a gentle degree twist.
 - A. 30
 - B. 45
 - C. 90

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