

Name:

Date:

Please return your completed assessment to your coordinator. Thank you.

Learning into action

Use this page to explore your understanding of the subjects covered in the course and the ways in which you can improve the service you provide in the future.

1. After watching the course, I can achieve positive outcomes for older people in my care with a urinary catheter because:

2. I have the following ideas to improve the care I offer for people with a urinary catheter:

3. One thing we can do as a team to promote person-centred care for older people with urinary catheters is:



Outcome/agreement action plan

Example: I will improve the quality of care that I am giving to the older person with a urinary catheter by developing a strategy to promote awareness among fellow staff.

Consider creating a continuous improvement plan.

- a) Plan the improvement
- b) Implement the improvement
- c) Evaluate the success of the improvement
- d) Decide the next steps



Reflective practice

1. Recall a time when you were changing a urinary catheter for a person in your care. Describe this experience and include any aspects of the care that you found challenging.
2. Think about and record any personal issues or concerns arising from that experience.
3. Examine these issues or concerns and note your personal intentions at the time during which you were caring for the older person.
4. Recall any previous similar experiences and determine whether there were any common factors.
5. Describe what you have learned from this course and how it will change your practice.
6. Ask yourself... 'What do I know, or what can I do to change my practice, that I did not/could not do before viewing the course'?
7. Ask yourself... 'What else do I have to know to improve my skills in this area?' Describe how you will improve your skills in this area.

DISCLAIMER: Except where otherwise stated, scenarios depicted in this course are fictional and any resemblance to any person or event is purely coincidental. The information in this course has been prepared as general information only. It is not intended to provide legal, industrial or other specialist advice and should not be relied upon as such. All advice and information are professionally sourced and provided in good faith and, while all care has been taken, no legal liability or responsibility is accepted for any possible error. For direction concerning your particular circumstances, independent advice should be sought.

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