



# Extension

## Dementia: Engaging the Person in Meaningful Activities

Name:

Date:

Please return your completed assessment to your coordinator. Thank you.

### Learning into action

Use this page to explore your understanding of the subjects covered in the course and the ways in which you can improve the service you provide in the future.

1. After watching the course, I can achieve positive outcomes for people in my care because:

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2. I have the following ideas to improve how I engage and connect with people living with dementia:

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3. One thing we can do as a team to ensure that we promote meaningful activity and engagement is:

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## Outcome/agreement action plan

**Example:** *I will improve the quality of care that I am giving, by setting up individual memory boxes for each resident with items that are personal to them, as conversation starters.*

Consider creating a continuous improvement plan.

- a) Plan the improvement
- b) Implement the improvement
- c) Evaluate the success of the improvement
- d) Decide the next steps



## Reflective practice

1. Recall a time when you were engaging a person living with dementia in an activity. Describe this experience and include any aspects that you found particularly positive or challenging.
2. Think about and record any personal thoughts or concerns arising from that experience.
3. Examine these thoughts or concerns and note your personal intentions at the time during which you were caring for the person.
4. Recall any previous similar experiences and determine whether there were any common factors.
5. Describe what you have learned from this course and how it will change your practice.
6. Ask yourself... 'What do I know, or what can I do to change my practice, that I did not/could not do before viewing the course'?
7. Ask yourself... 'What else do I have to know to improve my skills in this area?' Describe how you will improve your skills in this area.

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